

# FRIDAY 4th

- SUP Safari Taster Session**  
Time: 8:00 | Duration: 3 Hours | Cost: €60
- Summit Carrauntoohil By The Devils Ladder**  
Time: 9:30 | Duration: 7 Hours | Cost: €65
- Outdoor Rock Climbing experience at The Gap Of Dunloe**  
Time: 10:00 | Duration: 3 hrs | Cost: €55
- SUP Safari Taster Session**  
Time: 11:00 | Duration: 2 Hours | Cost: €40
- Kayak Ross Castle and Inisfallen Island**  
Time: 10:00 | Duration: 3 hrs | Cost: €65
- SUP Safari Taster Session**  
Time: 14:00 | Duration: 2 Hours | Cost: €40
- Lakeside Sauna Experience**  
Time: 14:00-18:00 | Duration: 25 mins | Cost: €15
- Outdoor Rock Climbing Experience at The Gap Of Dunloe**  
Time: 14:00 | Duration: 3 Hours | Cost: €55
- Kayak Ross Castle and Inisfallen Island**  
Time: 14:00 | Duration: 3 Hours | Cost: €65
- Qi Gong Wellness**  
Time: 16:00 | Duration: 45 min | Cost: €18
- SUP Safari Taster Session**  
Time: 16:30 | Duration: 2 Hours | Cost: €40
- Breathwork: Flow into Intuition Selina Looney**  
Time: 17:00 | Duration: 60 mins | Cost: €18
- Sunset Kayak Ross Castle and Inisfallen Island**  
Time: 17:30 | Duration: 3 Hours | Cost: €65
- Candlelight Yin - Shelly O'Connor**  
Time: 18:15 | Duration: 45 mins | Cost: €18
- Breathwork to calm you from panic, anxiety and stress - Leo Ryan**  
Time: 18:30 | Duration: 1.5 Hours | Cost: €40
- Wanderwine at Luna Coffee & Wine**  
Time: 18:30 | Duration: 2 Hours | Cost: €55
- Fireside Chat Exploring Community & Landscape with Killarney Meitheal Panel**  
Time: 18:30 | Cost: €10
- Bike Disco**  
Time: 19:00 | Cost: FREE
- Healing Sound Bath - Emma West**  
Time: 19:15 | Duration: 45 mins | Cost: €18
- Guided National Park Night Walk**  
Time: 20:00 | Duration: 1.5 hours | Cost: €15
- Dark Sky Hike**  
Time: 21:00 | Duration: 3 Hours | Cost: €37
- Seanchóiche - STORYTELLING EVENT**  
Time: 21:00 | Duration: 2 Hours | Cost: €25

# SATURDAY 5th

- Sunrise Kayak Ross Castle and Inisfallen Island**  
Time: 6:30 | Duration: 3 Hours | Cost: €65
- Dawn Chorus Walk with Sean Ronayne**  
Time: 6:30 | Duration: 1.5 Hours | Cost: €20
- Sunrise Dip At Dundag**  
Time: 6:45 | Duration: 30 mins | Cost: €10
- Lakeside Sauna Experience**  
Time: 07:00-12:00 | Duration: 25 mins | Cost: €15
- SUP Safari Taster Session**  
Time: 8:30 | Duration: 2 Hours | Cost: €40
- Sunrise Yoga - Kelly Ann McSweeney**  
Time: 8:30 | Duration: 45 mins | Cost: €18
- Mountainside Sauna & Ice Experience**  
Time: 9:00 - 17:30 | Duration: 25 mins | Cost: €15
- Fiery Flow Yoga - Deirdre McKenna**  
Time: 9:30 | Duration: 45 mins | Cost: €18
- Mangerton Mountain Guided Hike**  
Time: 9:30 | Duration: 4.5 Hours | Cost: €50
- Mountain Hike To The Lost Sky Train**  
Time: 9:30 | Duration: 4 Hours | Cost: €50
- Summit Carrauntoohil By The Devils Ladder**  
Time: 9:30 | Duration: 7 Hours | Cost: €65
- Summit Carrauntoohil By O Sheas Gully**  
Time: 9:30 | Duration: 7 Hours | Cost: €75

- Wim Hof Method Workshop**  
Time: 9:30 | Duration: 4 hours | Cost: €100
- Killarney House Park Run**  
Time: 9:30 | Cost: FREE
- Photography Workshop And National Park Shoot**  
Time: 10:00 | Duration: 4 Hours | Cost: €75
- Gap Of Dunloe Traditional Boat & Hiking Tour**  
Time: 10:00 | Duration: 6 hours | Cost: €45
- Outdoor Rock Climbing Experience at The Gap Of Dunloe**  
Time: 10:00 | Duration: 3 Hours | Cost: €55
- Whispers of the Wild A storytelling family friendly hike with Nature Valley**  
Time: 10:00 | Duration: 5 Hours | Cost: €35
- Family Friendly talk 'We are the Ark With Mary Reynolds'**  
Time: 10:00 | Duration: 75 mins | Cost: €5-€15
- Kayak Ross Castle and Inisfallen Island**  
Time: 10:00 | Duration: 3 Hours | Cost: €65
- Lough Léin Boat Tour (Family Friendly)**  
Time: 10:00 | Duration: 2.5 Hours | Cost: €25
- Wild Women Retreat**  
Time: 10:00 | Duration: 4 Hours | Cost: €65
- Embodied Yoga Flow - Shelly O'Connor**  
Time: 10:30 | Duration: 45 mins | Cost: €18
- Guided Pony Trek Killarney National Park**  
Time: 11:00 | Duration: 1 Hour | Cost: €70
- SUP Safari Taster Session**  
Time: 11:00 | Duration: 2 Hours | Cost: €40
- Hips 360 Yoga Workshop - Deridre McKenna**  
Time: 11:00 | Duration: 90 mins | Cost: €35
- Forest Bathing**  
Time: 11:00 | Duration: 2 Hours | Cost: €35
- Cow to Cone tour at Muckross Creamery Muckross Ice Cream**  
Time: 11:00 | Duration: 1.5 Hours | Cost: €28
- Grounding Connection Breathwork Selina Looney**  
Time: 11:30 | Duration: 60 mins | Cost: €18
- Ross Castle To Dinis Cottage Boat Tour**  
Time: 12:00 | Duration: 2 Hours | Cost: €30
- Killarney Family Urban Orienteering**  
Time: 12:00 | Duration: 2 Hours | Cost: €20
- Nature Boy A journey of Birdsong and Belonging with Sean Ronayne**  
Time: 12:00 | Duration: 1.5 Hours | Cost: €20
- Herbal Medicine Workshop - Wild Weeds**  
Time: 12:00 | Duration: 2 Hours | Cost: €45
- Yin Yoga And Sound Bath Kelly-Ann McSweeney & Emma West**  
Time: 13:00 | Duration: 60 mins | Cost: €18
- Guided Pony Trek - Killarney National Park**  
Time: 13:00 | Duration: 2 Hours | Cost: €110
- SUP Safari Taster Session**  
Time: 14:00 | Duration: 2 Hours | Cost: €40
- Lakeside Sauna Experience**  
Time: 14:00-18:00 | Duration: 25 mins | Cost: €15
- Outdoor Rock Climbing Experience at The Gap Of Dunloe**  
Time: 14:00 | Duration: 3 Hours | Cost: €55
- Fireside Chat Bressie - 'It's a Mindfield'**  
Time: 14:00 | Duration: 1 Hour | Cost: €15
- Torc Mountain Guided Hike with 53 Degrees North**  
Time: 14:30 | Duration: 3.5 Hours | Cost: €40
- Embodiment of Irish Traditional Song with Cait Ni Riain**  
Time: 14:30 | Duration: 1.5 Hours | Cost: €25
- Functional Rest And Burnout Prevention Kelly-Ann McSweeney & Oria Thornton**  
Time: 15:00 | Duration: 1.5 Hours | Cost: €35
- Wander Wild Street Sounds - Donal Lucey**  
Time: 15:00 | Cost: FREE
- Guided Pony Trek - Killarney National Park**  
Time: 15:30 | Duration: 1 Hour | Cost: €70
- Athlete Performance Breathing - Leo Ryan**  
Time: 15:30 | Duration: 1.5 Hours | Cost: €40
- Shadow Breathwork - Keith Bradley**  
Time: 16:00 | Duration: 1 Hour | Cost: €18
- Wander Wild Street Sounds - Caolan Ryan**  
Time: 16:00 | Duration: 1 Hour | Cost: FREE

- SUP Safari Taster Session**  
Time: 16:30 | Duration: 2 Hours | Cost: €40
- Sacred Sin And Paint - Shelly O'Connor**  
Time: 17:00 | Duration: 1.5 Hours | Cost: €35
- Wander Wild Street Sounds - Shee**  
Time: 17:00 | Duration: 2 Hours | Cost: FREE
- Movement & Sound - Somatic Healing Emma West**  
Time: 17:30 | Duration: 45 mins | Cost: €18
- Fireside Chat with Mary Reynolds**  
Time: 17:30 | Duration: 1.5 Hours | Cost: €15
- Yoga Nidra San Oíche - Oria Thornton**  
Time: 18:30 | Duration: 45 mins | Cost: €18
- Fireside chat with Shee and Friends: Exploring Music, Creativity & Art**  
Time: 19:30 | Duration: 75 mins | Cost: €15
- Guided Bat Walk Through Killarney National Park**  
Time: 19:45 | Duration: 1.5 Hours | Cost: €20
- Guided National Park Night Walk**  
Time: 20:00 | Duration: 1.5 Hours | Cost: €15
- Kirtan agus Ceol - Jenny Ní Ruiséil, Kelly-Ann McSweeney agus Cairde**  
Time: 20:00 | Duration: 1 hour | Cost: €10
- Moncrieff Supported by Saibh Skelly**  
Time: 20:00 | Cost: €50
- Dark Sku Hike**  
Time: 21:00 | Duration: 3 Hours | Cost: €37

# SUNDAY 6th

- Sunrise Kayak Ross Castle and Inisfallen Island**  
Time: 6:30 | Duration: 3 Hours | Cost: €65
- Lakeside Sauna Experience**  
Time: 07:00-12:00 | Duration: 25 mins | Cost: €15
- Sunrise Dip At Dundag**  
Time: 6:45 | Duration: 30 mins | Cost: €10
- SUP Safari Taster Session**  
Time: 8:00 | Duration: 2 Hours | Cost: €40
- Mangerton Mountain Guided Hike with The Kerry Cowboy**  
Time: 9:00 | Duration: 4.5 Hours | Cost: €50
- Morning Flow Yoga - Deirdre McKenna**  
Time: 9:30 | Duration: 45 mins | Cost: €18
- Summit Carrauntoohil By The Devils Ladder**  
Time: 9:30 | Duration: 7 Hours | Cost: €65
- Ireland's 3 Highest Peaks Coomloughra Horseshoe**  
Time: 9:30 | Duration: 7 Hours approx | Cost: €85
- Mountain Hike To The Lost Sky Train**  
Time: 9:30 | Duration: 4 Hours | Cost: €50
- Torc Mountain Guided Hike**  
Time: 9:30 | Duration: 3.5 hours | Cost: €40
- Kayak Ross Castle and Inisfallen Island**  
Time: 10:00 | Duration: 3 hrs | Cost: €65
- Gap Of Dunloe Traditional Boat & Hiking Tour**  
Time: 10:00 | Duration: 6 hours | Cost: €45
- Mindfulness Hike**  
Time: 10:00 | Duration: 3 hours | Cost: €35
- Wim Hof Method Workshop**  
Time: 10:00 | Duration: 4 hours | Cost: €100
- Loughdale Cottage Wellness Retreat**  
Time: 10:00
- Chakra Journey - Shelly O'Connor**  
Time: 10:30 | Duration: 45 mins | Cost: €18
- Blue Pool Autism Friendly Walk**  
Time: 11:00 | Duration: 1.5 hours
- SUP Safari Taster Session**  
Time: 11:00 | Duration: 2 Hours | Cost: €40
- Healing Sound Bath - Emma West**  
Time: 11:30 | Duration: 45 mins | Cost: €18
- Fireside Chat with Nuála Moore Author Open Water Swimmer & Adventurer**  
Time: 12:00 | Cost: €10
- Ignite And Release Breathwork - Selina Looney**  
Time: 12:30 | Duration: 60 minutes | Cost: €18
- Lakeside Sauna Experience**  
Time: 14:00-18:00 | Duration: 25 mins | Cost: €15
- SUP Safari Taster Session**  
Time: 14:00 | Duration: 2 Hours | Cost: €40
- Kayak Ross Castle and Inisfallen Island**  
Time: 14:00 | Duration: 3 Hours | Cost: €65

- Outdoor Rock Climbing Experience At The Gap Of Dunloe ADD/ADHD Friendly**  
Time: 15:00 | Duration: 3 Hours | Cost: €55
- SUP Safari Taster Session**  
Time: 16:30 | Duration: 2 Hours | Cost: €40

# KID'S EVENTS SATURDAY 5th

- Morning Gruffalo Adventure hunt - Macademy**  
Time: 10:30 | Duration: 1 Hour | Cost: €15
- The Arthouse Nature Experience for children**  
Time: 11:00 | Duration: 1 Hour | Cost: €15
- Kids Balance Bike Workshop in the park**  
Time: 12:00 | Duration: 3 Hours | Cost: FREE
- Sensory Friendly Space at Main St Mall**  
Time: 12:00-4:00pm
- The Arthouse Nature Experience for children**  
Time: 12:15 | Duration: 1 hour | Cost: €15
- Lunchtime Gruffalo Adventure Hunt**  
Time: 12:30 | Duration: 1 Hour | Cost: €15
- The Arthouse Nature Experience for children**  
Time: 14:00 | Duration: 1 Hour | Cost: €15
- Afternoon Gruffalo Adventure Hunt**  
Time: 14:30 | Duration: 1 Hour | Cost: €15
- Late Afternoon Gruffalo Adventure Hunt**  
Time: 16:00 | Duration: 1 Hour | Cost: €15

# SUNDAY 6th

- Childrens Yoga Ages 5-8 - Nave Yoga**  
Time: 9:00 | Duration: 45 mins | Cost: €12
- WW Babies Musical Workshop**  
Time: 9:00 | Duration: 1.5 Hours | Cost: €12
- Killarney House Junior Park Run**  
Time: 9:30
- Childrens Yoga Ages 8-12**  
Time: 10:00 | Duration: 45 mins | Cost: €12
- Morning Gruffalo Adventure Hunt**  
Time: 10:30 | Duration: 1 Hour | Cost: €15
- The Art House Nature Experience 5-7 years**  
Time: 11:15 | Duration: 1 Hour | Cost: €15
- Wander Wild Street Sounds - Time to Party**  
Time: 12:00 | Cost: FREE
- Sensory Friendly Space at Main St Mall**  
Time: 12:00-4:00pm
- Lunchtime Gruffalo Adventure Hunt**  
Time: 12:30 | Duration: 1 Hour | Cost: €15
- Wild Wicked Musical Adventure**  
Time: 12:30 | Duration: 1 Hour | Cost: €15
- The Art House Experience 8-13 Years**  
Time: 13:00 | Duration: 1 Hour | Cost: €15
- The Nature Hub Children's Experience**  
Time: 14:00 | Duration: 1 Hour | Cost: €15
- Afternoon Gruffalo Adventure Hunt**  
Time: 14:30 | Duration: 1 Hour | Cost: €15
- The Nature Hub Childrens Experience**  
Time: 15:15 | Duration: 1 Hour | Cost: €15

**As I Am**

IRELAND'S AUTISM CHARITY



**KILLARNEY**  
AUTISM FRIENDLY TOWN

We work with AsIAm, the organisation that advocates, assists and elevates the awareness and action on Autism in Ireland.

Members of our team completed training with AsIAm for the Wander Wild Festival. Our goal is for all Wander Wilders to experience the festival in comfort.

Scan QR Code for more information



SIGHT



SOUND



SMELL

